

9/08/09 (am)

# **The Blessed**

## **Psalm 1**

(text—1:1-3)

***Theme:** The righteous live holy lives and are truly blessed by God as a result.*

# The righteous and the wicked

The first Psalm is the gateway to the rest of the Psalms.

*... text upon which the whole of the Psalms make up a divine sermon.*

(C. H. Spurgeon)

The great division in mankind:

- *the righteous* (because they are in a right relationship with God);
- *the wicked* (because they are in a wrong relationship with God).

The righteous are described in terms of **conduct** (1:1-2) and **comparison** (1:3).

**A) The righteous described in terms of conduct (1:1-2)**

**1) What the righteous person does not do (verse 1b).**

Walk,

stand,

or sit

with sinners.

The righteous are separate from  
the world where

*'...separation is not isolation but  
contact without contamination.'*

(Warren W. Wiersbe)

*A great challenge for Christians!*

*Watch your company!*

## **2) What the righteous person does (1:2).**

He delights in God's Law and  
meditates on it daily.

*Whatever shapes your thinking  
shapes your conduct!*

**B) The righteous described in terms of comparison (1:3)**

1:3 is *conditional* on 1:1-2.

The righteous person is compared to a tree planted by streams of water.

## **Planted...**

Taken and placed in prepared ground.

A picture of salvation.

## **...by streams of water...**

A place of provision.

The Christian is planted in Jesus –  
Eph. 5:29.

**...yields its fruit... its leaf does not wither...**

A person in Christ can remain strong regardless of life-situations and bear fruit for God  
– Gal. 5:22-23.

... prospers.

Not outward prosperity but soul prosperity.

Picture of beauty, strength, health, productivity, form.

*The greatest need in the church today is for Christians to show the transforming power of the Gospel in their lives!*

# Conclusion – the recipe for blessedness (v. 1a)

**Q.** What is the consequence of a  
person:

- being in a right relationship  
with God?
- meditating on God's Word?
- being obedient to God's  
Word?

**A.** He or she is blessed  
(1:1a—happy, fulfilled).

This is a by-product of the conduct  
described in 1:1-2.

*Are you truly happy? Does the  
Psalmist describe you? God grant  
that it may describe, or come to  
describe, everyone who hears this  
Word of God.*